



# BCODN NEWS

MONTHLY NEWSLETTER FOR MEMBERS OF BCODN  
The British Columbia Organization Development Network

October 26, 2008

## Call for Memberships

### Upcoming Events:

November 18<sup>th</sup> –  
Mental Toughness  
with Terry Dillon

Book Review – *The  
Change Handbook*

Introducing: BCODN  
Communications  
Specialist

Event Update –  
Labyrinth with  
Diana Ng



## Time to renew your BCODN membership

If you have not updated your BCODN membership yet, the new website provides a quick and easy way to register online. Visit <http://www.bcodn.org> and go to membership | join now. Three types of membership, Individual, Corporate and Student, are offered. Please visit <http://www.bcodn.org/membership/categories-fees> for more details.

A full voting membership in the BCODN is an investment -- in yourself and your career, in the future of our industry, and in the success of the companies and the clients that we serve. The benefits and rewards of membership are immediate; as a BCODN member, you are connected to everyone in the organization as well as many of the resources at their disposal. You also help to shape the organization's future by having a vote. You may even become a Board Member.

Friends of BCODN cannot vote or become board members, and there is no annual membership fee. Friends receive event and various other announcements, paying a slightly higher fee to attend BCODN events.

Our newsletter will introduce you to members you may not know, and highlight some of the more rewarding projects and programs that they have managed. Members use the newsletter to recommend reading material of mutual interest and value. The newsletter is also your source for upcoming events and programs sponsored by the BCODN or affiliate organizations. Take a moment to register your membership in the BCODN today.

**Upcoming Event:**

**Mental Toughness**  
**November 18<sup>th</sup>, 2008**  
**7:30 am – 9:00 am**

**Location: UBC Robson Square, Room C550**  
**BCODN Members - \$15.00**  
**Non-Members - \$25.00**  
**Continental Breakfast provided**

**Speaker: Terry Dillon – MICA Consulting**

Terry will share his perspective on applying the principles of sport performance psychology to a business context. Terry brings a unique perspective on performance and what it takes to create conditions for achieving sustainable success. Terry was himself an elite athlete for ten years; he rowed for Great Britain competing at two Olympic Games. During the session he will bring to life some of the concepts, models and frameworks that many have found useful in improving their performance or the performance of their teams.

**About Terry Dillon**

Terry Dillon is Consulting Practice Leader, Western Canada for MICA and is responsible for running MICA's consulting operation in Western Canada. He has extensive experience working with Senior Leaders, helping them to be more effective and deliver results through better engaging their people. He has worked with many organizations as a coach to Senior Leaders, as well as developing the effectiveness of Executive Teams.

**Event Registration at:**

<http://www.gifttool.com/registrar/ShowEventDetails?ID=1616&EID=3473>

**Book Review:**

*The Change Handbook: The Definitive Resource on Today's Best Methods for Engaging Whole Systems, 2<sup>nd</sup> Edition (2007)*

*By Petty Holman, Tom Devane and Steven Cady*

For a handbook, this one is certainly not hand size! This hefty book is a must-have resource for OD practitioners and professional facilitators.

A total of 61 different change processes and whole system change theories are discussed -- nineteen highlighted theories described in depth and 42 others presented in thumbnail descriptions.

Well established practices including Appreciate Inquiry, Dialogue and Deliberation, Open Space Technology, Technology of Participation, World Café, Future Search, Scenario Thinking, Rapid Results, Six Sigma and more are featured in depth.

Never being content with just once process, I especially appreciated the chapter on how to mix and match methods. This book is about effective change and the methods for changing whole systems that engage people in changing their own systems. This book offers some basic information and details on how to use different methods of engagement. This is all very exciting for any OD practitioner!

*Reviewed by: Teresa Comey*

## MICA's Six Thinking Hats™ Trainer Certification

November 26 – 28, Vancouver BC.

Six Thinking Hats helps organizations and teams:

- ✓ Get to the right solution quickly, and with a shared vision
- ✓ Lead productive meetings, and hold critical meetings without emotions or egos getting in the way
- ✓ Avoid mediocre decisions by knowing how to dig deeper and make the right decisions with confidence
- ✓ Reduce adversarial thinking and conflict and become more efficient by increasing productivity
- ✓ Generate new and innovative ideas effortlessly

Our satisfied clients include the Royal Bank, Boeing Toronto, J. Walter Thompson, Detroit and MDS Sciex. To find out more about Six Thinking Hats and how you can become a certified trainer [click here](#) or email Stephen McDaniel at [smcdaniel@micaworld.com](mailto:smcdaniel@micaworld.com), phone 604-642-5244 or toll free 1-877-685-1771.

### September Networking Event connects new and returning BCODN members

A surprising number of last minute attendees at the BCODN Networking Event (Sept. 25<sup>th</sup> at Granville Island) demonstrated growing interest in these semi-annual programs. (BCODN recently surveyed members to determine how the organization could best meet member expectations. Networking was identified as a particularly desirable membership benefit among survey participants).

No formal meeting or activities took place during the evening, but comments following the networking event were enthusiastic – the food was excellent and the location convenient and conducive to socializing.

Board members Lisa Ryan, Tanya Schecter, Christine Ho and Teresa Comey were in attendance. A Board meeting took place immediately following the networking event.



### Welcome Kathleen Allisen, BCODN Communications Specialist

The Board is pleased to announce that Kathleen Allisen will assume the duties of Communications Specialist, previously held by Deb Chow.

Kathleen is sole proprietor of Clearpoint Consulting & Communications, providing communications expertise to a wide variety of clients including the Fraser Health Authority, the RCMP, and Coquitlam Centre. Kathleen holds a degree in Applied Communications from Royal Roads University and a project management certificate from Sauder School of Business.

Please join us in welcoming Kathleen!

### October Event Update

A small but enthusiastic group gathered for Diana Ng's presentation on the history of labyrinths and their value as a tool in understanding modern organizational change. A passionate and experienced consultant, Diana facilitated group and individual exploration of labyrinths, helping participants focus their thinking and gain insights on their leadership style.

Labyrinths have been found in many cultures all over the world dating back to about 4000 years. Its circles and spirals that meander into a purposeful path symbolize wholeness and unity, change and growth. Labyrinths are powerful tools for reflection, discernment and self-discovery.

After individual and group walks of the labyrinth, Diana led participants in a deeper understanding of how labyrinths can be applied to work with teams. The event concluded with an opportunity for sharing labyrinth experiences, self-reflection and journaling.

### BCODN Board

Our new Board has worked hard to launch our fall programming and membership drive. A new BCODN website and registration system has been launched and we have been busy working out the last of the bugs. In the meantime, the Username and Password to access members' only pages is:

Username = member Password = bcodn

This generic username and password is temporary, and will be deleted once we have fully resolved all technical issues. If you have not yet updated your membership, or have tried to update unsuccessfully, please visit <http://www.bcodn.org/membership/join-now> and <http://www.bcodn.org/membership/categories-fees> and email us directly if you continue to experience issues.

Lisa Ryan, BCODN Board President hopes that you will join us for some great networking and learning opportunities. "At \$80 a year, BCODN is the best deal in the city," Ryan said.